



Township of Southgate
Minutes of Seniors Advisory Committee

June 10, 2021
2:00 PM
Electronic Participation

Members Present: Ellie Adams
Muriel Scott
Jan Powell
Catherine Faulds

Members Absent: Barbara Rowe
Arlene Crooks
Mary Leach

Staff Present: Elisha Milne, Recording Secretary

1. Call to Order

Chair Ellie Adams called the meeting to order at 2:04PM.

2. Confirmation of Agenda

Moved By Muriel Scott

Seconded By Jan Powell

Be it resolved that the Committee confirm the agenda as presented.

Carried

3. Declaration of Pecuniary Interest

No one declared a pecuniary interest related to any item on the agenda.

4. Delegations & Presentations

4.1 Deputy Mayor Brian Milne - Update on Long Term Care in Grey County - Campus Care Presentation

No.

Moved By Catherine Faulds

Seconded By Jan Powell

Be it resolved that the Seniors Advisory Committee receive the Update on Long Term Care in Grey County - Campus Care presentation as information.

Carried

5. Adoption of Minutes

Moved By Catherine Faulds

Seconded By Muriel Scott

Be it resolved that the Committee approve the minutes from the April 08, 2021 Seniors Advisory Committee meeting as amended.

Carried

6. Staff Updates

6.1 June is Seniors Month in Ontario

Members discussed that June is Senior's month in Ontario and that it is not very well known. There was a package provided by the Province to Seniors that included tips on staying safe, active, connected, and happy and links to further resources for more information. The Seniors Advisory Committee is going to work together to put an article in the Dundalk Herald to help spread the word about June being Senior's month and additional information about projects in the area such as the Campus Care project, Age Friendly Community and Community and Safety Well Being Plan.

6.2 Gateway Rural Health - Seminar on "Building a Rural Community Where People Can Age at Home"

Member Ellie Adams reported from the Gateway Rural Health Seminar that she attended, and that they are working on fundraising to build financial support for their programs and advocacy to promote the issues that are arising. Member Ellie Adams mentioned the issues that have arisen from COVID and that the day programs have had to close and be put on hold until safe to do so which has created a challenging time for the providers and for the seniors. Member discussed the issues around care giving and lack of support for care givers. Members discussed how they can help a little bit in our community to keep people informed and have social interaction. Member Muriel Scott also joined the Gateway Rural Health Seminar and reported that a main issue is that the systems are not interconnected, and the needs of the community have increased drastically. Member Ellie Adams mentioned the programs offered such as Social Engagement, Changes in Thinking and Behavioral Delirium, Medication Management, Bladder Health Incontinence, Nutrition, Staying Active and Mobility Fall Prevention, Pain Management and House Keeping. Members discussed a program called GAIN, Geriatric Assessment and Intervention Network that has been in operation for 10 years in the Durham Region and they operate as an umbrella body to bring together services in the region and Members are going to work on getting more information from the company and try to find out if there is a more local network.

6.3 Seniors Social Action Ontario

Member Ellie Adams reported on the Seniors Social Action Ontario program and provided the members with information about the program. Member Muriel Scott advised that the Council on Aging receives updates from them and circulate the information.

7. New Business

Member Ellie Adams mentioned the news paper article the Committee will be doing for the Dundalk Herald highlighting that June is Senior's month in Ontario and that member Arlene Crooks used to be on the Board at Abbeyfield and would like her to discuss a bit about that at a

future meeting and invite Tanya to present at the August Seniors Advisory Committee meeting.

8. Members Privilege - Good News & Celebrations

None.

9. Next Meeting

August 12, 2021 Electronically.

10. Adjournment

Moved By Muriel Scott

Seconded By Catherine Faulds

Be it resolved that the Committee adjourn the meeting at 3:13 PM.

Carried

Chair Ellie Adams

Recording Secretary Elisha Milne