

1st Annual Southgate Seniors Health Fair



Over 30 Exhibitors

Promoting Healthy Living for Seniors

Wednesday, September 26, 2018

10AM - 3PM

**Egremont Optimist
Community Centre**

**392137 Grey Road 109
Holstein, Ontario**



**Sponsored by
Southgate Seniors
Advisory Committee**

**For Information Contact
Ellie Adams
519-321-9492**

**FREE ADMISSION
FREE LUNCH
FREE DRAWS
FREE SEMINARS
DEMONSTRATIONS**



**COMMUNITY
FOUNDATION
GREY BRUCE**
We're here for good.



Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés