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Township of Southgate Council

MEMORANDUM

DATE: February 16, 2022

TO: Council

FROM: Councillor Barbara Dobreen

RE: Notice of Motion regarding Employee Assistance Program for Council

Recommendation:

Whereas the Township of Southgate has an Employee and Family Assistance Program (EAP) that provides health and wellness support including counselling services to its full-time employees; and

Whereas the Council of the County of Grey has supported adding County Councillors to its EAP program; and

Whereas the current cost to add Southgate Council members to the EAP would be \$3.60 per month or \$43.20 per year per Council member; and

Whereas the Mayor and Deputy Mayor have the option to join the County EAP program.

Therefore, **be it resolved that** Council direct staff to make arrangements for five (5) members of Council to join the EAP program.

Comments:

While this wasn't discussed during the 2022 budget deliberations, I believe the option for Council members to join the Township EAP program is worthy of consideration. Southgate Council members do not get health benefits as part of their service and this coverage would support the member and their family at minimal cost.

As the Mayor and Deputy Mayor have the option to join the County program, the cost to add 5 members to the Southgate EAP would currently be <u>\$216/year</u>.



Councillor Barbara Dobreen